

Klubstartliste – DM Mellem 2021

2021-08-28

AKIF

| | | | | | | |
|-------|-------|---------------------------|-----|--------|---------|---------|
| H2124 | 13:40 | Christian Bertel Andersen | H21 | 4525 m | Start 1 | 8519068 |
| | 13:57 | Jes Mose Jensen | H55 | 3325 m | Start 1 | 8303061 |
| | 14:02 | Ole Christiansen | H70 | 2100 m | Start 2 | 1394087 |

Allerød OK

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|-------|-------|------------------------------|-----|--------|---------|---------|
| D1007 | 13:20 | Dagmar Marager | D10 | 2225 m | Start 2 | 8033360 |
| D1201 | 12:29 | Amalie Broman | D12 | 2350 m | Start 2 | 8009109 |
| D1406 | 13:21 | Frida Kärner Grooss | D14 | 2175 m | Start 2 | 8668785 |
| D1802 | 13:12 | Hedda Kärner Grooss | D18 | 2750 m | Start 1 | 8640524 |
| D1815 | 13:38 | Amalie Ertmann | D18 | 2750 m | Start 1 | 8645157 |
| | 13:08 | Merete Nørgaard | D40 | 2575 m | Start 1 | 552000 |
| | 12:43 | Kersti Kärner | D45 | 2400 m | Start 1 | 2065751 |
| | 12:49 | Angélique Grønberg Rasmussen | D45 | 2400 m | Start 1 | 8005182 |
| | 12:53 | Marlene Marager | D45 | 2400 m | Start 1 | 2086053 |
| | 12:59 | Henriette Broman | D45 | 2400 m | Start 1 | 8640537 |
| | 12:26 | Kirsten Lange | D50 | 2400 m | Start 1 | 1402990 |
| | 12:38 | Jytte Olander Rasmussen | D50 | 2400 m | Start 1 | 1406281 |
| | 12:02 | Anne Maarup | D55 | 2325 m | Start 2 | 8201951 |
| | 12:14 | Dorthe Munktvad | D55 | 2325 m | Start 2 | 8033373 |
| | 12:26 | Susanne Maarup | D55 | 2325 m | Start 2 | 8201990 |
| | 12:04 | Birgitte Birck | D60 | 2025 m | Start 2 | 8626197 |
| H1213 | 12:25 | Henrik Kärner Grooss | H12 | 2350 m | Start 2 | 2049221 |
| H1603 | 13:44 | Mads Christian Maarup | H16 | 2725 m | Start 1 | 8664250 |
| H1606 | 13:50 | Johannes Marager | H16 | 2725 m | Start 1 | 8626191 |
| H1609 | 13:56 | Erik Grønberg Nielsen | H16 | 2725 m | Start 1 | 8656158 |
| H1809 | 12:16 | Hans Grønberg Nielsen | H18 | 3325 m | Start 1 | 8664243 |
| H1815 | 12:28 | Oscar David Broman Jensen | H18 | 3325 m | Start 1 | 8221506 |
| H2012 | 12:58 | Theis Munktvad | H20 | 3325 m | Start 1 | 8640535 |
| H2109 | 13:10 | Emil Olander Lorenz | H21 | 4525 m | Start 1 | 9005162 |
| H2119 | 13:30 | Mikkel Meldgaard | H21 | 4525 m | Start 1 | 9610046 |
| H2121 | 13:34 | Lasse Fugmann Thamdrup | H21 | 4525 m | Start 1 | 8050619 |
| | 13:30 | Asger Habekost Nielsen | H40 | 3950 m | Start 1 | 8016663 |
| | 12:01 | Jesper Grooss | H45 | 3700 m | Start 1 | 263560 |
| | 12:11 | Niels-Peter Vest Nielsen | H45 | 3700 m | Start 1 | 8619433 |
| | 12:04 | Michael Ertmann | H50 | 3550 m | Start 1 | 8667118 |
| | 12:14 | Anders Marager | H50 | 3550 m | Start 1 | 8033382 |
| | 12:22 | Jens Knud Maarup | H50 | 3550 m | Start 1 | 8016664 |
| | 12:11 | Søren Maarup | H60 | 2600 m | Start 2 | 8201988 |
| | 13:26 | Erik Sørensen | H70 | 2100 m | Start 2 | 887865 |

AMOK

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|-------|-------|-----------------|-----|--------|---------|---------|
| D1206 | 12:39 | Emma Lundsgaard | D12 | 2350 m | Start 2 | 7552266 |
| D1415 | 13:39 | Liv Lundsgaard | D14 | 2175 m | Start 2 | 8070718 |
| | 12:59 | Per Rasmussen | H60 | 2600 m | Start 2 | 682231 |

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|-------|-------------------|--------|--------|---------|---------|
| 13:53 | Bjarke Lundsgaard | Åben 3 | 2175 m | Start 2 | 8040710 |
| 13:57 | Line Lundsgaard | Åben 3 | 2175 m | Start 2 | 9808808 |

Ballerup OK

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|-------|-------|-----------------------|--------|--------|---------|---------|
| | 12:04 | Janni Fischer | D50 | 2400 m | Start 1 | 7199971 |
| | 12:16 | Maiken Andersen | D50 | 2400 m | Start 1 | 8009114 |
| | 12:12 | Annette Bonde | D55 | 2325 m | Start 2 | 8640550 |
| | 12:08 | Siri Klausen | D60 | 2025 m | Start 2 | 601221 |
| H1810 | 12:18 | Magnus Andersen | H18 | 3325 m | Start 1 | 8009104 |
| | 12:05 | Morten Ploug | H45 | 3700 m | Start 1 | 721122 |
| | 12:24 | Alex Ottesen | H50 | 3550 m | Start 1 | 702200 |
| | 12:05 | Jørgen Pedersen | H60 | 2600 m | Start 2 | 639639 |
| | 12:35 | Gregers Jørgensen | H60 | 2600 m | Start 2 | 8620940 |
| | 13:11 | Jørgen Skaarup | H65 | 2600 m | Start 2 | 500108 |
| | 14:08 | Jan Kristoffersen | H70 | 2100 m | Start 2 | 8633623 |
| | 13:28 | Inge K. Kristoffersen | Åben 4 | 2350 m | Start 2 | 440894 |

Farum OK

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|-------|-------|--------------------------|-----|--------|---------|---------|
| | 13:28 | Eva Sebok | D35 | 2575 m | Start 1 | 45982 |
| | 13:16 | Irina Kupriyanova | D40 | 2575 m | Start 1 | 202011 |
| | 12:02 | Bodil Karlsrose Kliem | D50 | 2400 m | Start 1 | 348377 |
| | 13:55 | Annlou Husen | D65 | 2025 m | Start 2 | 216713 |
| H1207 | 12:13 | Anton Kupriyanov Hviid | H12 | 2350 m | Start 2 | 1411133 |
| H1804 | 12:06 | Marius Snedker Storgaard | H18 | 3325 m | Start 1 | 8645153 |
| H2104 | 13:00 | Mikkel Lyskjær | H21 | 4525 m | Start 1 | 681767 |
| H2122 | 13:36 | Robert Kovacs | H21 | 4525 m | Start 1 | 8400098 |
| | 12:21 | Jesper Damgaard | H45 | 3700 m | Start 1 | 553381 |
| | 13:15 | Helge Lang Pedersen | H55 | 3325 m | Start 1 | 8033357 |
| | 13:29 | Pablo Jensen | H55 | 3325 m | Start 1 | 8008521 |
| | 14:01 | Jens Jørgen Hansen | H55 | 3325 m | Start 1 | 8307008 |
| | 12:11 | Ole Christiansen | H75 | 2100 m | Start 2 | 8180700 |
| | 12:45 | Holger Karlsrose | H85 | 1275 m | Start 2 | 302064 |

FIF Hillerød

| | | | | | | |
|-------|-------|--------------------------|-----|--------|---------|---------|
| D1001 | 13:08 | Ida Nygaard Monrad | D10 | 2225 m | Start 2 | 2134102 |
| D1205 | 12:37 | Emma Nygaard Monrad | D12 | 2350 m | Start 2 | 1421730 |
| D1604 | 13:45 | Ebba Graff Frederiksen | D16 | 2125 m | Start 2 | 8009131 |
| D1803 | 13:14 | Siri Simonsen | D18 | 2750 m | Start 1 | 8009122 |
| D1812 | 13:32 | Sigrid Høyer Staugaard | D18 | 2750 m | Start 1 | 8664228 |
| D2111 | 14:11 | Annika Simonsen | D21 | 4050 m | Start 1 | 8004723 |
| D2113 | 14:15 | Cecilie Friberg Klysner | D21 | 4050 m | Start 1 | 8310906 |
| D2117 | 14:23 | Nicoline Friberg Klysner | D21 | 4050 m | Start 1 | 8657519 |
| | 13:20 | Rikke Nygaard Monrad | D40 | 2575 m | Start 1 | 1210280 |
| | 12:55 | Maria M. Høyer Staugaard | D45 | 2400 m | Start 1 | 7208284 |
| | 12:10 | Heidi L. Holmberg | D50 | 2400 m | Start 1 | 2065750 |
| | 12:22 | Sandra Simonsen | D50 | 2400 m | Start 1 | 8009103 |
| | 12:34 | Bente Kjær Hemmingsen | D50 | 2400 m | Start 1 | 2035226 |
| | 12:30 | Maria Douglas | D55 | 2325 m | Start 2 | 8625632 |
| H1201 | 12:01 | Niclas Cook Simonsen | H12 | 2350 m | Start 2 | 8009129 |
| H1404 | 12:39 | Niels Elton Jokumsen | H14 | 2700 m | Start 2 | 8009163 |
| H1409 | 12:49 | Torbjørn Høyer Staugaard | H14 | 2700 m | Start 2 | 8224222 |

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|-------|-------|---------------------------------|--------|--------|---------|---------|
| H1416 | 13:03 | Jannik Cornelius Lendal Nielsen | H14 | 2700 m | Start 2 | 8033380 |
| H1802 | 12:02 | Gustav L. Holmberg | H18 | 3325 m | Start 1 | 8150404 |
| H2001 | 12:36 | Jacob Steinthal | H20 | 3325 m | Start 1 | 8640256 |
| H2004 | 12:42 | Lukas Kjær Hemmingsen | H20 | 3325 m | Start 1 | 8010702 |
| H2128 | 13:48 | Malte Kjær Hemmingsen | H21 | 4525 m | Start 1 | 9050400 |
| H2134 | 14:00 | Malthe Poulsen | H21 | 4525 m | Start 1 | 8310915 |
| | 13:28 | Rune Nygaard Monrad | H40 | 3950 m | Start 1 | 1210285 |
| | 12:13 | Ulrik Frederiksen | H45 | 3700 m | Start 1 | 8631590 |
| | 12:37 | Mads K. Larsen | H45 | 3700 m | Start 1 | 8198768 |
| | 13:17 | Bo Simonsen | H55 | 3325 m | Start 1 | 8002547 |
| | 12:03 | Carsten Stenberg | H60 | 2600 m | Start 2 | 1408239 |
| | 12:15 | Jens Viktor Nørgaard | H60 | 2600 m | Start 2 | 1406258 |
| | 12:27 | Jesper Cornelius Nielsen | H60 | 2600 m | Start 2 | 1428717 |
| | 12:41 | Søren Sloth | H60 | 2600 m | Start 2 | 202341 |
| | 13:52 | Jens Høgsfeldt | H70 | 2100 m | Start 2 | 8033388 |
| | 12:25 | Karsten Funder | H75 | 2100 m | Start 2 | 8656159 |
| | 13:08 | Henning Løwenstein | H80 | 1775 m | Start 2 | 202355 |
| | 13:59 | Esther Møller Nyborg | Åben 3 | 2175 m | Start 2 | 8667851 |

Fredensborg OK

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|--|-------|----------------|-----|--------|---------|---------|
| | 12:37 | Aage Damsgaard | H75 | 2100 m | Start 2 | 2049931 |
|--|-------|----------------|-----|--------|---------|---------|

FSK Orientering

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|--|-------|--------------|-----|--------|---------|---------|
| | 12:20 | Hanne Fogh | D50 | 2400 m | Start 1 | 7011222 |
| | 13:42 | Kim Folander | H70 | 2100 m | Start 2 | 7207947 |

Fyns PI

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|-------|-------|--------------------------|-----|--------|---------|---------|
| H1601 | 13:40 | Jonas Aadal Wihan | H16 | 2725 m | Start 1 | 8045188 |
| | 13:20 | Peter Wihan | H40 | 3950 m | Start 1 | 8012040 |
| | 13:18 | Hans Aage Hvalsøe Hansen | H70 | 2100 m | Start 2 | 1402403 |

Faaborg OK

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|-------|-------|------------------------|--------|--------|---------|---------|
| D1801 | 13:10 | Amanda modler Hedemann | D18 | 2750 m | Start 1 | 8055505 |
| D2114 | 14:17 | Caroline Gjøtterup | D21 | 4050 m | Start 1 | 1401709 |
| H1405 | 12:41 | Aske Hedemann | H14 | 2700 m | Start 2 | 9000033 |
| H2003 | 12:40 | Peter Modler Hedemann | H20 | 3325 m | Start 1 | 8115511 |
| | 13:32 | Leif Skovgaard Knudsen | H70 | 2100 m | Start 2 | 504393 |
| | 12:13 | Aksel Skovlyst | H75 | 2100 m | Start 2 | 407727 |
| | 13:02 | Hans Larsen | H80 | 1775 m | Start 2 | 421561 |
| | 13:44 | Søren Klingenberg | Åben 1 | 3750 m | Start 1 | 1428694 |
| | 13:48 | Ethna Cavanagh | Åben 1 | 3750 m | Start 1 | 234694 |
| | 13:52 | Emma Klingenberg | Åben 1 | 3750 m | Start 1 | 1302827 |
| | 13:56 | Hans Erik Larsen | Åben 1 | 3750 m | Start 1 | 8646089 |

Helsingør SOK

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|-------|-------|-------------------------|-----|--------|---------|---------|
| D1810 | 13:28 | Dicte Højbjerg Andersen | D18 | 2750 m | Start 1 | 8633602 |
| | 13:47 | Lene Jensen | D65 | 2025 m | Start 2 | 8033359 |
| | 13:07 | Rolf Lund | H65 | 2600 m | Start 2 | 8033371 |
| | 13:06 | Jørgen Jensen | H80 | 1775 m | Start 2 | 8016657 |
| | 13:16 | Flemming Larsen | H80 | 1775 m | Start 2 | 8016658 |

Herlufsholm OK

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|-------|-----------------|-----|--------|---------|--------|
| 12:13 | Arne Kristensen | H60 | 2600 m | Start 2 | 213996 |
|-------|-----------------|-----|--------|---------|--------|

Herning OK

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|-------|-------|-------------------|-----|--------|---------|---------|
| D2106 | 14:01 | Henriette Nygaard | D21 | 4050 m | Start 1 | 1407792 |
|-------|-------|-------------------|-----|--------|---------|---------|

Herning Orienteringsklub

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|-------|---------------------------|-----|--------|---------|---------|
| 12:00 | Gitte Isen | D60 | 2025 m | Start 2 | 8016661 |
| 13:27 | Kenn Heldgaard Kristensen | H55 | 3325 m | Start 1 | 8170664 |
| 12:57 | Kim Gottlieb | H60 | 2600 m | Start 2 | 1898178 |
| 13:16 | Jens Jørgen Jensen | H70 | 2100 m | Start 2 | 351237 |
| 13:40 | Torben Isen | H70 | 2100 m | Start 2 | 8016662 |
| 13:14 | Asger Kristensen | H80 | 1775 m | Start 2 | 2123866 |

Holbæk OK

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|-------|----------------|-----|--------|---------|---------|
| 13:19 | Jan Thiesen | H55 | 3325 m | Start 1 | 8002537 |
| 12:51 | Henrik Nielsen | H60 | 2600 m | Start 2 | 8022398 |

Holstebro OK

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|-------|-------------------|-----|--------|---------|---------|
| 13:54 | Anders Ingvarnsen | H70 | 2100 m | Start 2 | 1417342 |
|-------|-------------------|-----|--------|---------|---------|

Horsens OK

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|-------|-------|-------------------------|-----|--------|---------|---------|
| D1006 | 13:18 | Astrid Lykke Nielsen | D10 | 2225 m | Start 2 | 8300411 |
| D1207 | 12:41 | Kristine Skouboe | D12 | 2350 m | Start 2 | 8661588 |
| D1405 | 13:19 | Esther Henriksen | D14 | 2175 m | Start 2 | 1411914 |
| D1601 | 13:39 | Johanne Skouboe | D16 | 2125 m | Start 2 | 1402407 |
| D1610 | 13:57 | Ella Klærke Mikkelsen | D16 | 2125 m | Start 2 | 8140506 |
| D1806 | 13:20 | Theresa Skouboe | D18 | 2750 m | Start 1 | 8661591 |
| D1808 | 13:24 | Elanor Henriksen | D18 | 2750 m | Start 1 | 8040803 |
| D2101 | 13:51 | Rebeka Vincze | D21 | 4050 m | Start 1 | 8648826 |
| | 12:47 | Irene K. Mikkelsen | D45 | 2400 m | Start 1 | 8040605 |
| | 12:08 | Susanne Loft Thyssen | D50 | 2400 m | Start 1 | 1280870 |
| | 12:18 | Rikke Holm | D50 | 2400 m | Start 1 | 8070471 |
| | 12:28 | Berit Harfot | D50 | 2400 m | Start 1 | 8002520 |
| | 12:20 | Britta Ank Pedersen | D60 | 2025 m | Start 2 | 1407789 |
| | 13:41 | Susanne Baun | D65 | 2025 m | Start 2 | 8310928 |
| | 13:49 | Tove Straarup | D65 | 2025 m | Start 2 | 1540604 |
| | 12:46 | Elin Holm Jensen | D70 | 1775 m | Start 2 | 1401726 |
| | 12:19 | Aase Thyssen | D80 | 1275 m | Start 2 | 1013306 |
| H1205 | 12:09 | Eskild Stig Nielsen | H12 | 2350 m | Start 2 | 8120309 |
| H1210 | 12:19 | Jonas Klærke Mikkelsen | H12 | 2350 m | Start 2 | 980503 |
| H1413 | 12:57 | Lukas Bergmann Verhelst | H14 | 2700 m | Start 2 | 1421520 |
| H1808 | 12:14 | Jonas Ellegård Kokholm | H18 | 3325 m | Start 1 | 7660263 |
| H1812 | 12:22 | Jacob Klærke Mikkelsen | H18 | 3325 m | Start 1 | 8310803 |
| H2102 | 12:56 | Matyas Pentek | H21 | 4525 m | Start 1 | 1396184 |
| H2110 | 13:12 | Thomas Emil Jensen | H21 | 4525 m | Start 1 | 8640527 |
| H2133 | 13:58 | Kristian Vad | H21 | 4525 m | Start 1 | 8619434 |
| H2135 | 14:02 | Niklas Ingwersen | H21 | 4525 m | Start 1 | 889248 |
| | 13:32 | Filip Bergmann Verhelst | H40 | 3950 m | Start 1 | 1428688 |
| | 12:07 | Thomas Herbert Kokholm | H45 | 3700 m | Start 1 | 7204612 |
| | 12:15 | Allan Skouboe | H45 | 3700 m | Start 1 | 8661590 |

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|-------|--------------------------|--------|--------|---------|---------|
| 12:23 | Troels Nielsen | H45 | 3700 m | Start 1 | 504535 |
| 12:10 | Mads Mikkelsen | H50 | 3550 m | Start 1 | 8010370 |
| 12:20 | Per Mønster Jørgensen | H50 | 3550 m | Start 1 | 8515233 |
| 12:30 | Carsten Thyssen | H50 | 3550 m | Start 1 | 7021269 |
| 12:40 | Allan Thesbjerg | H50 | 3550 m | Start 1 | 8661585 |
| 13:35 | Kent Kragh | H55 | 3325 m | Start 1 | 8661578 |
| 12:19 | Erik Warncke | H60 | 2600 m | Start 2 | 7209489 |
| 12:49 | Frank Krog Jensen | H60 | 2600 m | Start 2 | 8633627 |
| 12:55 | Hans Jørgen Vad | H60 | 2600 m | Start 2 | 1407794 |
| 13:12 | Troels Jensen | H70 | 2100 m | Start 2 | 8280347 |
| 13:36 | Eigil Nielsen | H70 | 2100 m | Start 2 | 212999 |
| 13:56 | Peer Straarup | H70 | 2100 m | Start 2 | 1181051 |
| 12:19 | Svend Aage Sørensen | H75 | 2100 m | Start 2 | 212979 |
| 12:29 | Tage Baun | H75 | 2100 m | Start 2 | 8310946 |
| 12:39 | Jørgen Thyssen | H75 | 2100 m | Start 2 | 2089964 |
| 13:04 | Anker Andersen | H80 | 1775 m | Start 2 | 1417343 |
| 13:50 | Alberte Karoline Thyssen | Åben 1 | 3750 m | Start 1 | 8241000 |

Kolding OK

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|-------|-------|---------------------------------|-----|--------|---------|---------|
| | 12:10 | Lene Koch Foster | D55 | 2325 m | Start 2 | 1280766 |
| | 12:24 | Marianne Lynge Krogh | D55 | 2325 m | Start 2 | 8008900 |
| | 12:38 | Susanne Højholt | D55 | 2325 m | Start 2 | 8030366 |
| | 13:51 | Hanne Birke | D65 | 2025 m | Start 2 | 8141056 |
| H1204 | 12:07 | Rasmus Dalgaard | H12 | 2350 m | Start 2 | 8428423 |
| H1403 | 12:37 | Emil Dalgaard | H14 | 2700 m | Start 2 | 8333332 |
| H1412 | 12:55 | Johan Dalgaard | H14 | 2700 m | Start 2 | 8333331 |
| H1607 | 13:52 | Niels Dalgaard | H16 | 2725 m | Start 1 | 8222224 |
| H2009 | 12:52 | Gustav Vinther Østermark Jensen | H20 | 3325 m | Start 1 | 8196910 |
| | 12:25 | Anders Dalgaard | H45 | 3700 m | Start 1 | 7575751 |
| | 12:49 | Johan Brandstrup Fegar | H45 | 3700 m | Start 1 | 680032 |
| | 13:03 | Lars Eeg Højholt | H55 | 3325 m | Start 1 | 8270465 |
| | 12:37 | Mandus Andresen | H60 | 2600 m | Start 2 | 8631606 |
| | 12:43 | Jørn Thomsen | H75 | 2100 m | Start 2 | 8310842 |
| | 13:18 | Jack Skrydstrup | H80 | 1775 m | Start 2 | 8220238 |

Køge OK

| | | | | | | |
|--|-------|--------------------------|-----|--------|---------|---------|
| | 12:36 | Gerda Marie Christiansen | D70 | 1775 m | Start 2 | 8657110 |
| | 13:28 | Gunnar Grue-Sørensen | H70 | 2100 m | Start 2 | 8657101 |
| | 12:53 | Palle Bay | H85 | 1275 m | Start 2 | 8664242 |

Lyngby OK

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|--|-------|---------------|-----|--------|---------|--------|
| | 12:25 | Henrik Albahn | H60 | 2600 m | Start 2 | 888950 |
|--|-------|---------------|-----|--------|---------|--------|

Mariager Fjord OK

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|--|-------|-----------------|-----|--------|---------|---------|
| | 12:12 | Bjarne Hoffmann | H50 | 3550 m | Start 1 | 8281169 |
| | 12:43 | Vagn Lidegaard | H85 | 1275 m | Start 2 | 681841 |

Maribo OK

| | | | | | | |
|--|-------|--------------|-----|--------|---------|---------|
| | 12:16 | Pia Kadziola | D60 | 2025 m | Start 2 | 8646082 |
|--|-------|--------------|-----|--------|---------|---------|

Nordvest OK

| | | | | | | |
|--|-------|----------------|-----|--------|---------|--------|
| | 12:32 | Mette Edsen | D55 | 2325 m | Start 2 | 800029 |
| | 13:55 | Kristian Edsen | H55 | 3325 m | Start 1 | 800089 |
| | 13:17 | Steffen Alm | H65 | 2600 m | Start 2 | 415517 |

Norwegian Orienteering Federation

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|-------|-------|---------------------|-----|--------|---------|---------|
| D2115 | 14:19 | Andrine Benjaminsen | D21 | 4050 m | Start 1 | 1417326 |
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|--|-------|--------------|-----|--------|---------|---------|
| | 14:06 | John Knudsen | H70 | 2100 m | Start 2 | 1406269 |
|--|-------|--------------|-----|--------|---------|---------|

Odense OK

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|-------|-------|-------------------------|-----|--------|---------|---------|
| D1003 | 13:12 | Nynne Mølgaard Nielsen | D10 | 2225 m | Start 2 | 1450226 |
| D2105 | 13:59 | Veselina Zhelyazkova | D21 | 4050 m | Start 1 | 2013442 |
| | 13:04 | Mette Marie Lungholt | D40 | 2575 m | Start 1 | 8061459 |
| | 13:18 | Anne Mølgaard Nielsen | D40 | 2575 m | Start 1 | 1416997 |
| | 12:45 | Lone Fyhn Olesen | D45 | 2400 m | Start 1 | 1410583 |
| | 12:06 | Katalin Bolko Kongstad | D50 | 2400 m | Start 1 | 1417055 |
| | 12:00 | Lisbeth Skovbjerg | D55 | 2325 m | Start 2 | 1417327 |
| | 13:39 | Inge Price Jensen | D65 | 2025 m | Start 2 | 421778 |
| H1001 | 12:54 | Mikkel Mølgaard Nielsen | H10 | 2225 m | Start 2 | 8005275 |
| H1203 | 12:05 | Magnus Mølgaard Nielsen | H12 | 2350 m | Start 2 | 8005280 |
| | 12:45 | Jakob Q Christensen | H45 | 3700 m | Start 1 | 1402984 |
| | 12:00 | Morten Mølgaard Nielsen | H50 | 3550 m | Start 1 | 8005268 |
| | 12:09 | Bent Aakjær | H60 | 2600 m | Start 2 | 1410579 |
| | 12:21 | Allan Grundsøe | H60 | 2600 m | Start 2 | 1419972 |
| | 12:33 | Kim Kongstad | H60 | 2600 m | Start 2 | 1450260 |
| | 12:43 | Ib Clausen | H60 | 2600 m | Start 2 | 1416982 |
| | 12:53 | Finn Møllerup | H60 | 2600 m | Start 2 | 415561 |
| | 13:09 | Gerhard Jensen | H65 | 2600 m | Start 2 | 1416981 |
| | 13:23 | Claes Ø. Larsen | H65 | 2600 m | Start 2 | 1410577 |
| | 12:58 | Børge Pedersen | H70 | 2100 m | Start 2 | 1402413 |
| | 14:04 | Niels Rabølle | H70 | 2100 m | Start 2 | 1410584 |
| | 12:07 | Palle Møller Nielsen | H75 | 2100 m | Start 2 | 302067 |
| | 12:21 | H. V. Jensen | H75 | 2100 m | Start 2 | 8664212 |
| | 12:33 | Jørgen Olesen | H75 | 2100 m | Start 2 | 1402408 |
| | 12:45 | Flemming Wedell | H75 | 2100 m | Start 2 | 1428698 |
| | 13:00 | Olav Odgaard | H80 | 1775 m | Start 2 | 8637577 |
| | 12:51 | Torsten Boe Larsen | H85 | 1275 m | Start 2 | 434104 |

OK Djurs

| | | | | | | |
|--|-------|-------------------|-----|--------|---------|--------|
| | 12:38 | Ann Dorrit Hansen | D70 | 1775 m | Start 2 | 434059 |
| | 12:17 | Max Hansen | H75 | 2100 m | Start 2 | 434062 |

OK Esbjerg

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|-------|-------|-------------------------|-----|--------|---------|--------|
| H2125 | 13:42 | Tobias Karlsmose Svarer | H21 | 4525 m | Start 1 | 895157 |
|-------|-------|-------------------------|-----|--------|---------|--------|

OK FROS

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|--|-------|-----------------------|-----|--------|---------|---------|
| | 13:47 | Carsten Lind | H55 | 3325 m | Start 1 | 8143226 |
| | 13:10 | Niels Møller Petersen | H70 | 2100 m | Start 2 | 1419960 |
| | 13:50 | Sven Madsen | H70 | 2100 m | Start 2 | 1419951 |

OK GORM

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|-------|-------|----------------------------|--------|--------|---------|---------|
| D2109 | 14:07 | Nina Germann Najbjerg | D21 | 4050 m | Start 1 | 8002544 |
| | 13:10 | Pernille Buch | D40 | 2575 m | Start 1 | 8002204 |
| | 12:20 | Anette Lund | D55 | 2325 m | Start 2 | 8121264 |
| | 12:03 | Asta Terkelsen | D75 | 1275 m | Start 2 | 209083 |
| H2006 | 12:46 | Esben Ø. Pedersen | H20 | 3325 m | Start 1 | 8033393 |
| H2108 | 13:08 | Holger Vangsbjerg Petersen | H21 | 4525 m | Start 1 | 1395506 |
| | 12:34 | Claus Grøn Lyngby | H50 | 3550 m | Start 1 | 209082 |
| | 13:08 | Flemming D. Andersen | H70 | 2100 m | Start 2 | 308137 |
| | 13:14 | Poul Erik Buch | H70 | 2100 m | Start 2 | 8631601 |
| | 13:30 | Hans Christian Strib | H70 | 2100 m | Start 2 | 8111112 |
| | 12:05 | Karl Kristian Terkelsen | H75 | 2100 m | Start 2 | 8008514 |
| | 13:38 | Dina Møldrup | Åben 2 | 1775 m | Start 2 | 1421012 |

OK H.T.F.

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|-------|-------|----------------------|-----|--------|---------|---------|
| | 12:32 | Jette Klogborg | D50 | 2400 m | Start 1 | 8667875 |
| | 12:16 | Jette Honoré | D55 | 2325 m | Start 2 | 1428702 |
| | 12:32 | Mona L. Rasmussen | D60 | 2025 m | Start 2 | 1201162 |
| | 13:45 | Mona Rasmussen | D65 | 2025 m | Start 2 | 8631608 |
| | 12:21 | Betty Hansen | D80 | 1275 m | Start 2 | 1421503 |
| H2002 | 12:38 | Louis H. Jensen | H20 | 3325 m | Start 1 | 1428706 |
| | 12:16 | Lars Klogborg | H50 | 3550 m | Start 1 | 8627837 |
| | 13:01 | Jens Peder Jensen | H60 | 2600 m | Start 2 | 8118818 |
| | 13:02 | Finn Jørgensen Aaris | H70 | 2100 m | Start 2 | 444659 |
| | 13:34 | Keld Rasmussen | H70 | 2100 m | Start 2 | 8631596 |
| | 12:03 | Jørn F. Andersen | H75 | 2100 m | Start 2 | 249393 |
| | 12:35 | Per F. Henriksen | H75 | 2100 m | Start 2 | 1401730 |
| | 12:49 | Keld B. Nielsen | H85 | 1275 m | Start 2 | 8631594 |

OK HTF Haderslev

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|-------|-------|---------------------|-----|--------|---------|---------|
| D2107 | 14:03 | Lise Termansen | D21 | 4050 m | Start 1 | 8664245 |
| H2112 | 13:16 | Mads Ellegaard Juhl | H21 | 4525 m | Start 1 | 8631592 |
| H2132 | 13:56 | Jeppe Andersen | H21 | 4525 m | Start 1 | 8640526 |

OK Melfar

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|-------|-------|--------------------------|-----|--------|---------|---------|
| D2004 | 12:55 | Hedvig Valbjørn Gydesen | D20 | 2750 m | Start 1 | 9002003 |
| H1407 | 12:45 | Valdemar Egdal Kortegård | H14 | 2700 m | Start 2 | 8001918 |
| H1612 | 14:02 | August Gabs | H16 | 2725 m | Start 1 | 8636989 |
| H1803 | 12:04 | Viktor Bro Fejring | H18 | 3325 m | Start 1 | 1417293 |
| H1806 | 12:10 | Laurits Egdal Kortegård | H18 | 3325 m | Start 1 | 8001913 |
| H2117 | 13:26 | Morten Rindom Knudsen | H21 | 4525 m | Start 1 | 9200366 |
| H2141 | 14:14 | Henrik Rindom Knudsen | H21 | 4525 m | Start 1 | 9005229 |
| | 12:35 | Jonas Bo Kirk Egdal | H45 | 3700 m | Start 1 | 8631612 |
| | 12:38 | Sten Egholm Jørgensen | H50 | 3550 m | Start 1 | 1428684 |

OK Pan

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|-------|-------|-----------------------|-----|--------|---------|---------|
| D1004 | 13:14 | Victoria Olesen Hinge | D10 | 2225 m | Start 2 | 8008522 |
| D1202 | 12:31 | Katharina Rokkjær | D12 | 2350 m | Start 2 | 1417321 |
| D1204 | 12:35 | Carla Brahe Bohnsen | D12 | 2350 m | Start 2 | 1417322 |
| D1208 | 12:43 | Olivia Olesen Hinge | D12 | 2350 m | Start 2 | 8008518 |

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|-------|-------|------------------------------|-----|--------|---------|---------|
| D1402 | 13:13 | Anna Kaldahl Hornbæk | D14 | 2175 m | Start 2 | 8037116 |
| D1407 | 13:23 | Siv Kusk Berglund | D14 | 2175 m | Start 2 | 1417324 |
| D1413 | 13:35 | Katrine Halkjær Dupont | D14 | 2175 m | Start 2 | 1417325 |
| D1603 | 13:43 | Sofie Halkjær Dupont | D16 | 2125 m | Start 2 | 8515232 |
| D1607 | 13:51 | Emilie Skov Dalgaard | D16 | 2125 m | Start 2 | 8224011 |
| D1609 | 13:55 | Laura Kaldahl Hornbæk | D16 | 2125 m | Start 2 | 8004561 |
| D1804 | 13:16 | Sofie Ulrich | D18 | 2750 m | Start 1 | 8667864 |
| D1809 | 13:26 | Marie Møller Nielsen | D18 | 2750 m | Start 1 | 8310910 |
| D2104 | 13:57 | Sofie Secher Thomsen | D21 | 4050 m | Start 1 | 1097022 |
| D2112 | 14:13 | Lotte Markussen | D21 | 4050 m | Start 1 | 8636087 |
| | 13:06 | Katrine Olesen Hinge | D40 | 2575 m | Start 1 | 8657118 |
| | 13:14 | Rie Stenhøj Baun McGrail | D40 | 2575 m | Start 1 | 800529 |
| | 12:57 | Anne Møller Skaug | D45 | 2400 m | Start 1 | 8171072 |
| | 12:36 | Claudia Greiner | D55 | 2325 m | Start 2 | 2266 |
| | 12:12 | Hanne Møller Andersen | D60 | 2025 m | Start 2 | 778822 |
| | 12:42 | Mona Nørgaard | D70 | 1775 m | Start 2 | 351331 |
| | 12:50 | Else Hass | D70 | 1775 m | Start 2 | 7202758 |
| | 12:01 | Lilian Sørensen | D75 | 1275 m | Start 2 | 9101049 |
| H1005 | 13:02 | Lucas Stenhøj Baun McGrail | H10 | 2225 m | Start 2 | 1120711 |
| H1202 | 12:03 | Vilhelm Rokkjær Andreassen | H12 | 2350 m | Start 2 | 8625628 |
| H1209 | 12:17 | Esben Johan Obel | H12 | 2350 m | Start 2 | 1417330 |
| H1401 | 12:33 | Anton Boye Ebbesen | H14 | 2700 m | Start 2 | 1417332 |
| H1406 | 12:43 | William Stenhøj Baun McGrail | H14 | 2700 m | Start 2 | 1061108 |
| H1411 | 12:53 | Klement Hjuler Hjerrild | H14 | 2700 m | Start 2 | 8198270 |
| H1604 | 13:46 | Severin Kilden | H16 | 2725 m | Start 1 | 8664207 |
| H1611 | 14:00 | Casper Staehelin Blakskjær | H16 | 2725 m | Start 1 | 8310957 |
| H1805 | 12:08 | Anders Secher Thomsen | H18 | 3325 m | Start 1 | 8300503 |
| H1811 | 12:20 | Villads Skovbjerg | H18 | 3325 m | Start 1 | 8667854 |
| H1814 | 12:26 | Jonas Damm Als | H18 | 3325 m | Start 1 | 8112808 |
| H2008 | 12:50 | Asbjørn Kaltoft | H20 | 3325 m | Start 1 | 8626196 |
| H2014 | 13:02 | Søren Møller Skaug | H20 | 3325 m | Start 1 | 9091202 |
| H2101 | 12:54 | Johan Halkjaer Dupont | H21 | 4525 m | Start 1 | 8633624 |
| H2105 | 13:02 | Jacob Ingerslev Overvad | H21 | 4525 m | Start 1 | 1417334 |
| H2116 | 13:24 | Oscar Sig Tranberg | H21 | 4525 m | Start 1 | 8646088 |
| H2129 | 13:50 | Mikkel Holm Nielsen | H21 | 4525 m | Start 1 | 8073737 |
| H2131 | 13:54 | Andreas Bock Bjørnsen | H21 | 4525 m | Start 1 | 8310954 |
| H2138 | 14:08 | Rasmus Djurhuus | H21 | 4525 m | Start 1 | 8310927 |
| H2143 | 14:18 | Eskil Schøning | H21 | 4525 m | Start 1 | 931208 |
| H2145 | 14:22 | Mads Skaug | H21 | 4525 m | Start 1 | 8160999 |
| | 13:10 | Jeppe Ruud | H35 | 3950 m | Start 1 | 8662164 |
| | 13:14 | Morten Kusk | H35 | 3950 m | Start 1 | 1417335 |
| | 13:36 | Bjarke Refslund | H40 | 3950 m | Start 1 | 1040581 |
| | 12:09 | Henrik Bomm Hinge | H45 | 3700 m | Start 1 | 8633622 |
| | 12:19 | Patrick McGrail | H45 | 3700 m | Start 1 | 750410 |
| | 12:29 | René Rokkjær | H45 | 3700 m | Start 1 | 740804 |
| | 12:41 | Thomas Hornbæk | H45 | 3700 m | Start 1 | 1417338 |
| | 12:06 | Kell Sønnichsen | H50 | 3550 m | Start 1 | 9101127 |
| | 12:18 | Thomas Hjerrild | H50 | 3550 m | Start 1 | 1408230 |
| | 12:28 | Ebbe Møller Nielsen | H50 | 3550 m | Start 1 | 702812 |
| | 12:44 | Kim Rokkjær | H50 | 3550 m | Start 1 | 680819 |

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|-------|----------------------|--------|--------|---------|---------|
| 13:11 | Jan Hauerslev | H55 | 3325 m | Start 1 | 1406103 |
| 13:33 | Martin Greiner | H55 | 3325 m | Start 1 | 2260 |
| 13:51 | Kent Lodberg | H55 | 3325 m | Start 1 | 681757 |
| 12:45 | Jakob Holm | H60 | 2600 m | Start 2 | 1402406 |
| 13:13 | Ivan Christensen | H65 | 2600 m | Start 2 | 1419971 |
| 13:21 | Henrik Dagsberg | H65 | 2600 m | Start 2 | 777771 |
| 13:48 | Poul Grøn | H70 | 2100 m | Start 2 | 1417341 |
| 12:23 | Flemming Nørgaard | H75 | 2100 m | Start 2 | 8626192 |
| 12:47 | Hans Jørgen Simonsen | H75 | 2100 m | Start 2 | 889649 |
| 13:10 | Knud Sørensen | H80 | 1775 m | Start 2 | 8627774 |
| 13:51 | Peter Trier | Åben 3 | 2175 m | Start 2 | 1417344 |

OK Ravinen

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|-------|-------|---------------------------|-----|--------|---------|--------|
| D2103 | 13:55 | Anna Agervig Kristiansson | D21 | 4050 m | Start 1 | 730615 |
|-------|-------|---------------------------|-----|--------|---------|--------|

OK Roskilde

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|-------|-------|-------------------------|-----|--------|---------|---------|
| D1606 | 13:49 | Teresa Søndergaard Pohl | D16 | 2125 m | Start 2 | 8050706 |
| | 12:36 | Lise Nørgaard | D50 | 2400 m | Start 1 | 1210469 |
| | 12:04 | Runa Ulsøe | D55 | 2325 m | Start 2 | 421564 |
| | 12:02 | Jette Kreiberg | D60 | 2025 m | Start 2 | 8130457 |
| | 12:52 | Ane Veierskov | D70 | 1775 m | Start 2 | 202058 |
| | 12:09 | Inge Jørgensen | D75 | 1275 m | Start 2 | 362410 |
| H2140 | 14:12 | Rasmus Møller Jess | H21 | 4525 m | Start 1 | 8191198 |
| | 13:15 | Lars Olsen | H65 | 2600 m | Start 2 | 202045 |
| | 13:06 | Janne Brunstedt | H70 | 2100 m | Start 2 | 8230548 |
| | 12:31 | Ole Svendsen | H75 | 2100 m | Start 2 | 501138 |

OK Skærmen Værløse

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|--|-------|-------------------|-----|--------|---------|---------|
| | 13:58 | Søren Christensen | H70 | 2100 m | Start 2 | 1406251 |
|--|-------|-------------------|-----|--------|---------|---------|

OK Snab

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|-------|-------|----------------------------|--------|--------|---------|---------|
| D1005 | 13:16 | Marie Fjordside Pagh | D10 | 2225 m | Start 2 | 2134117 |
| D1401 | 13:11 | Agnes Fjordside Pagh | D14 | 2175 m | Start 2 | 1452112 |
| D1410 | 13:29 | Camilla Rimmer Eskildsen | D14 | 2175 m | Start 2 | 2420849 |
| D1602 | 13:41 | Olivia Fjordside Pagh | D16 | 2125 m | Start 2 | 2110805 |
| D1805 | 13:18 | Cecilia Skaarup Uhlemann | D18 | 2750 m | Start 1 | 7206307 |
| D1813 | 13:34 | Eva Örnhausen Jørgensen | D18 | 2750 m | Start 1 | 8047100 |
| D2002 | 12:51 | Malin Agervig Kristiansson | D20 | 2750 m | Start 1 | 8310121 |
| D2102 | 13:53 | Amanda Isaksen | D21 | 4050 m | Start 1 | 8130899 |
| D2110 | 14:09 | Ida Agervig Kristiansson | D21 | 4050 m | Start 1 | 8190304 |
| H1408 | 12:47 | Rasmus Edvardsen | H14 | 2700 m | Start 2 | 8009113 |
| H1417 | 13:05 | Axel Örnhausen Jørgensen | H14 | 2700 m | Start 2 | 8057100 |
| H2011 | 12:56 | Jeppe Edvardsen | H20 | 3325 m | Start 1 | 8009125 |
| H2013 | 13:00 | Linus Agervig Kristiansson | H20 | 3325 m | Start 1 | 8110121 |
| H2106 | 13:04 | Casper Thygesen | H21 | 4525 m | Start 1 | 8181199 |
| H2113 | 13:18 | Thomas Blok | H21 | 4525 m | Start 1 | 1406296 |
| H2120 | 13:32 | Kristian Blok | H21 | 4525 m | Start 1 | 1406288 |
| H2126 | 13:44 | Magnus Dewett | H21 | 4525 m | Start 1 | 888412 |
| | 12:27 | John Kristensen | H45 | 3700 m | Start 1 | 8300730 |
| | 13:30 | Sofie Henningsen | Åben 4 | 2350 m | Start 2 | 1450235 |

OK Sorø

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|-------|-------|---------------------------|-----|--------|---------|---------|
| D1210 | 12:47 | Camille Friis Scheby | D12 | 2350 m | Start 2 | 2105238 |
| D1605 | 13:47 | Clara Friis Scheby | D16 | 2125 m | Start 2 | 8515237 |
| | 13:01 | Tine Friis Scheby | D45 | 2400 m | Start 1 | 8631589 |
| | 12:10 | Søs Munch Hansen | D60 | 2025 m | Start 2 | 2083201 |
| | 12:24 | Mette Filskov | D60 | 2025 m | Start 2 | 8658641 |
| H1004 | 13:00 | Liam Sharpe á Argjahøvda | H10 | 2225 m | Start 2 | 1417328 |
| | 12:48 | Mikael Scheby | H50 | 3550 m | Start 1 | 2117591 |
| | 13:31 | Kristian Kærsgaard Hansen | H55 | 3325 m | Start 1 | 7171066 |

OK Syd

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|--|-------|-------------------|-----|--------|---------|---------|
| | 12:30 | Helle Termansen | D50 | 2400 m | Start 1 | 1395516 |
| | 12:22 | Hanne Ljungberg | D60 | 2025 m | Start 2 | 2128808 |
| | 13:41 | Karsten Jøhnk | H55 | 3325 m | Start 1 | 2128807 |
| | 13:49 | Michael Termansen | H55 | 3325 m | Start 1 | 1395514 |

OK Vendelboerne

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|-------|-------|--------------------|-----|--------|---------|---------|
| | 12:34 | Lisbet Nielsen | D70 | 1775 m | Start 2 | 9101724 |
| | 12:11 | Ellen Thomsen | D75 | 1275 m | Start 2 | 443279 |
| H1208 | 12:15 | Noah Aarnio | H12 | 2350 m | Start 2 | 1417329 |
| H1414 | 12:59 | Philip Aarnio | H14 | 2700 m | Start 2 | 1417333 |
| | 13:40 | Sami Aarnio | H40 | 3950 m | Start 1 | 1417337 |
| | 12:51 | Finn Hørup Nielsen | H75 | 2100 m | Start 2 | 1421507 |
| | 13:12 | Ole F. Thomsen | H80 | 1775 m | Start 2 | 216753 |

OK ØST Birkerød

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|-------|-------|-------------------------|-----|--------|---------|---------|
| D1411 | 13:31 | Kamma Aglund Andersen | D14 | 2175 m | Start 2 | 8033387 |
| | 13:00 | Pernille Sommer | D40 | 2575 m | Start 1 | 8645165 |
| | 12:26 | Birgitte Erskov Halland | D60 | 2025 m | Start 2 | 1413373 |
| | 12:54 | Janet Bentzen | D70 | 1775 m | Start 2 | 500180 |
| | 12:07 | Ellis Byrgiel Sommer | D75 | 1275 m | Start 2 | 8033386 |
| H2010 | 12:54 | Søren Thrane Ødum | H20 | 3325 m | Start 1 | 8657122 |
| H2136 | 14:04 | Frederik Erskov Krogh | H21 | 4525 m | Start 1 | 1401710 |
| | 13:22 | Michael Sørensen | H40 | 3950 m | Start 1 | 8180977 |
| | 12:02 | Jakob Ødum | H50 | 3550 m | Start 1 | 8201941 |
| | 13:05 | Jan Eg Pedersen | H55 | 3325 m | Start 1 | 8002533 |
| | 13:21 | Morten Ebbensgaard | H55 | 3325 m | Start 1 | 889250 |
| | 13:37 | Rasmus Ødum | H55 | 3325 m | Start 1 | 888411 |
| | 13:53 | Stephen Hall Reusch | H55 | 3325 m | Start 1 | 1421523 |
| | 12:31 | Jens Bentsen | H60 | 2600 m | Start 2 | 8009124 |

OK73

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|--|-------|---------------|-----|--------|---------|--------|
| | 13:13 | Claus Odgaard | H55 | 3325 m | Start 1 | 407763 |
|--|-------|---------------|-----|--------|---------|--------|

PI-København

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|--|-------|---------------------|-----|--------|---------|---------|
| | 12:24 | Elin Nørgård Kracht | D50 | 2400 m | Start 1 | 8022612 |
|--|-------|---------------------|-----|--------|---------|---------|

Randers OK

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|--|-------|--------------|-----|--------|---------|---------|
| | 13:44 | Carl Malling | H70 | 2100 m | Start 2 | 7007777 |
|--|-------|--------------|-----|--------|---------|---------|

RSOK

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|-------|-------|---------------------------|--------|--------|---------|---------|
| D1403 | 13:15 | Ida Søe Christiansen | D14 | 2175 m | Start 2 | 1417323 |
| D1409 | 13:27 | Mathilde Bobach | D14 | 2175 m | Start 2 | 8310935 |
| D1414 | 13:37 | Andrea Ebert Svenningsen | D14 | 2175 m | Start 2 | 8140307 |
| D1807 | 13:22 | Laura Bobach | D18 | 2750 m | Start 1 | 8645143 |
| D1811 | 13:30 | Ida Riis Madsen | D18 | 2750 m | Start 1 | 8657163 |
| H1211 | 12:21 | Rasmus Bobach | H12 | 2350 m | Start 2 | 1417331 |
| H1610 | 13:58 | Anton Giltoft Frederiksen | H16 | 2725 m | Start 1 | 8001409 |
| | 12:46 | Jesper Thy | H50 | 3550 m | Start 1 | 1417339 |
| | 12:17 | Walther Rahbek | H60 | 2600 m | Start 2 | 1417340 |
| | 13:54 | Lasse Svenningsen | Åben 1 | 3750 m | Start 1 | 8220478 |

Silkeborg OK

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|-------|-------|--------------------------------|-----|--------|---------|---------|
| D1002 | 13:10 | Matilde Lund-Filtensborg | D10 | 2225 m | Start 2 | 790108 |
| D1203 | 12:33 | Ragnhild Øhlenschlæger Nielsen | D12 | 2350 m | Start 2 | 8382814 |
| D1209 | 12:45 | Astrid Faber Fenger-Grøn | D12 | 2350 m | Start 2 | 8310962 |
| D1416 | 13:41 | Siv Borup Fredberg | D14 | 2175 m | Start 2 | 7440001 |
| D1608 | 13:53 | Sigrid Øhlenschlæger Nielsen | D16 | 2125 m | Start 2 | 8381028 |
| | 13:24 | Ane Linde | D35 | 2575 m | Start 1 | 302589 |
| | 13:02 | Hanne Borup Fredberg | D40 | 2575 m | Start 1 | 7440002 |
| | 13:12 | Vanessa McGrail | D40 | 2575 m | Start 1 | 8033369 |
| | 12:51 | Signe Faber | D45 | 2400 m | Start 1 | 2086048 |
| | 12:00 | Anette Pind | D50 | 2400 m | Start 1 | 1008121 |
| | 12:14 | Heidi Hinge Krogsgaard | D50 | 2400 m | Start 1 | 2049946 |
| | 12:06 | Inger Lise Simonsen | D60 | 2025 m | Start 2 | 239709 |
| | 12:18 | Dorthe Hansen | D60 | 2025 m | Start 2 | 8662165 |
| | 12:28 | Britt Hermanrud | D60 | 2025 m | Start 2 | 1231321 |
| | 13:37 | Ingrid Johannsen | D65 | 2025 m | Start 2 | 1425092 |
| | 12:40 | Birthe Helms | D70 | 1775 m | Start 2 | 7205314 |
| | 12:48 | Susanne Gasbjerg | D70 | 1775 m | Start 2 | 421574 |
| H1212 | 12:23 | Emil Borup Fredberg | H12 | 2350 m | Start 2 | 8440002 |
| H1402 | 12:35 | Asbjørn Faber Fenger-Grøn | H14 | 2700 m | Start 2 | 8310917 |
| H1410 | 12:51 | Mattias Klostergaard Rokkjær | H14 | 2700 m | Start 2 | 8008534 |
| H1415 | 13:01 | Gustav Ørgaard Sørensen | H14 | 2700 m | Start 2 | 8033375 |
| H1807 | 12:12 | Tobias Biering | H18 | 3325 m | Start 1 | 8009117 |
| H2007 | 12:48 | Elias Hinge Krogsgaard | H20 | 3325 m | Start 1 | 8310920 |
| H2103 | 12:58 | Andreas Bagger Hagner | H21 | 4525 m | Start 1 | 8310930 |
| H2130 | 13:52 | Rico Hejlskov Mogensen | H21 | 4525 m | Start 1 | 983960 |
| H2146 | 14:24 | Laurits Bidstrup Møller | H21 | 4525 m | Start 1 | 8400001 |
| | 13:12 | Tue Lassen | H35 | 3950 m | Start 1 | 1406158 |
| | 13:16 | Mads Godvin Jensen | H35 | 3950 m | Start 1 | 9200939 |
| | 12:31 | Thomas Fredberg | H45 | 3700 m | Start 1 | 8440001 |
| | 12:39 | Morten Fenger-Grøn | H45 | 3700 m | Start 1 | 8310916 |
| | 12:08 | Poul Mouritsen | H50 | 3550 m | Start 1 | 8281269 |
| | 12:36 | Keld Hinge Krogsgaard | H50 | 3550 m | Start 1 | 7202752 |
| | 14:03 | Jens Ozol | H55 | 3325 m | Start 1 | 8310947 |
| | 12:07 | Morten Kjær | H60 | 2600 m | Start 2 | 8310963 |
| | 12:29 | Anker Møller | H60 | 2600 m | Start 2 | 8300001 |
| | 12:39 | Jens Børsting | H60 | 2600 m | Start 2 | 8631615 |
| | 13:25 | Bjarne Christensen | H65 | 2600 m | Start 2 | 242022 |

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|-------|-------------------------|--------|--------|---------|---------|
| 13:38 | Jørgen Münster-Swendsen | H70 | 2100 m | Start 2 | 8008528 |
| 13:46 | Knud Fjordvald | H70 | 2100 m | Start 2 | 8670224 |
| 12:01 | Poul Nøhr | H75 | 2100 m | Start 2 | 1401703 |
| 12:15 | Clive Allen | H75 | 2100 m | Start 2 | 1013313 |
| 12:41 | Claus Faber | H75 | 2100 m | Start 2 | 8664480 |
| 12:53 | Torben Jørgensen | H75 | 2100 m | Start 2 | 423257 |
| 13:46 | Celine Hinge Krogsgaard | Åben 1 | 3750 m | Start 1 | 2049947 |

Svendborg OK

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|-------|-------------------|-----|--------|---------|---------|
| 12:30 | Annette Færing | D60 | 2025 m | Start 2 | 439315 |
| 12:05 | Randi Splittorff | D75 | 1275 m | Start 2 | 8033355 |
| 13:27 | Per Storm Hansen | H65 | 2600 m | Start 2 | 9080455 |
| 12:09 | Knud Erik Thomsen | H75 | 2100 m | Start 2 | 8629830 |
| 12:49 | Ove Splittorff | H75 | 2100 m | Start 2 | 8016643 |

Søllerød OK

| | | | | | | |
|-------|-------|----------------------------|--------|--------|---------|---------|
| D1404 | 13:17 | Laura-Johanne David Koue | D14 | 2175 m | Start 2 | 8515244 |
| D1408 | 13:25 | Ella Reker Hadrup | D14 | 2175 m | Start 2 | 1013325 |
| D1412 | 13:33 | Ingrid Due Nygaard | D14 | 2175 m | Start 2 | 8033384 |
| D2001 | 12:49 | Mathilde Smedegaard Madsen | D20 | 2750 m | Start 1 | 8645149 |
| D2003 | 12:53 | Alberte Kaae-Nielsen | D20 | 2750 m | Start 1 | 8645451 |
| | 12:12 | Fiona Becker | D50 | 2400 m | Start 1 | 8260918 |
| | 12:08 | Eva Smedegaard Eland | D55 | 2325 m | Start 2 | 8656168 |
| | 12:18 | Kirsten Møller | D55 | 2325 m | Start 2 | 8033365 |
| | 12:28 | Iben Maag | D55 | 2325 m | Start 2 | 8719060 |
| | 12:44 | Lisbeth Damsgaard | D70 | 1775 m | Start 2 | 8656153 |
| H1602 | 13:42 | Nathan Philibert | H16 | 2725 m | Start 1 | 2033746 |
| H1608 | 13:54 | Vincent Becker | H16 | 2725 m | Start 1 | 8627635 |
| H1813 | 12:24 | Mathias Buchgreitz | H18 | 3325 m | Start 1 | 8002529 |
| H2005 | 12:44 | Lukas Becker | H20 | 3325 m | Start 1 | 8633606 |
| H2111 | 13:14 | Simon Thrane Hansen | H21 | 4525 m | Start 1 | 7202757 |
| H2115 | 13:22 | Magnus Maag | H21 | 4525 m | Start 1 | 999920 |
| H2118 | 13:28 | Rune Østergaard | H21 | 4525 m | Start 1 | 8621040 |
| H2123 | 13:38 | Mikkel Kaae Nielsen | H21 | 4525 m | Start 1 | 8181296 |
| H2142 | 14:16 | Rasmus Thrane Hansen | H21 | 4525 m | Start 1 | 999926 |
| | 13:24 | Tore Linde | H40 | 3950 m | Start 1 | 1417336 |
| | 13:38 | Troels Christiansen | H40 | 3950 m | Start 1 | 8033364 |
| | 12:17 | Sune Due Møller | H45 | 3700 m | Start 1 | 8033354 |
| | 12:47 | Jesper Vestergaard | H45 | 3700 m | Start 1 | 8635830 |
| | 12:32 | Peter Becker | H50 | 3550 m | Start 1 | 1411602 |
| | 12:42 | Troels Juhl | H50 | 3550 m | Start 1 | 8625227 |
| | 13:07 | Steen Olsen | H55 | 3325 m | Start 1 | 8033362 |
| | 13:23 | Magnus Oscarsson | H55 | 3325 m | Start 1 | 9999921 |
| | 13:39 | Mogens Hagedorn | H55 | 3325 m | Start 1 | 8268904 |
| | 12:23 | Peter Østergaard | H60 | 2600 m | Start 2 | 8008515 |
| | 12:47 | Bo Konring | H60 | 2600 m | Start 2 | 8009111 |
| | 13:24 | Ronnie McGrail | H70 | 2100 m | Start 2 | 8657150 |
| | 13:20 | Jørn Wigh | H80 | 1775 m | Start 2 | 2128800 |
| | 13:55 | Jette Nygaard Jensen | Åben 3 | 2175 m | Start 2 | 1985014 |

Tisvilde Hegn OK

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|-------|-------|-------------------------|-----|--------|---------|---------|
| D1611 | 13:59 | Lucia Holck | D16 | 2125 m | Start 2 | 1452113 |
| D1814 | 13:36 | Xenia Bregensøe | D18 | 2750 m | Start 1 | 8016650 |
| D2108 | 14:05 | Ida Øbro | D21 | 4050 m | Start 1 | 8646087 |
| D2116 | 14:21 | Agnes Nørgaard Kracht | D21 | 4050 m | Start 1 | 8300830 |
| | 12:22 | Susanne Gjedsig Thomsen | D55 | 2325 m | Start 2 | 1411283 |
| | 12:14 | Bente Madsen | D60 | 2025 m | Start 2 | 8250259 |
| H1003 | 12:58 | Victor Nielsen | H10 | 2225 m | Start 2 | 250074 |
| H1418 | 13:07 | William Nielsen | H14 | 2700 m | Start 2 | 441833 |
| H1801 | 12:00 | Tobias Olloz | H18 | 3325 m | Start 1 | 8061104 |
| H2127 | 13:46 | Jonas Falck Weber | H21 | 4525 m | Start 1 | 8143244 |
| H2137 | 14:06 | Emil Øbro | H21 | 4525 m | Start 1 | 8002538 |
| H2139 | 14:10 | Lasse Falck Weber | H21 | 4525 m | Start 1 | 8646100 |
| | 12:33 | Jesper David Jensen | H45 | 3700 m | Start 1 | 8482019 |
| | 12:43 | Rasmus Nielsen | H45 | 3700 m | Start 1 | 887869 |
| | 13:09 | Sten Skytte Kirkegaard | H55 | 3325 m | Start 1 | 8635894 |
| | 13:25 | Henrik Markvardsen | H55 | 3325 m | Start 1 | 8635842 |
| | 13:45 | Tim Falck Weber | H55 | 3325 m | Start 1 | 8635839 |
| | 13:59 | Jakob Albahn | H55 | 3325 m | Start 1 | 9005165 |
| | 13:19 | Leif E. Larsen | H65 | 2600 m | Start 2 | 8692019 |
| | 13:04 | Klaus Olsen | H70 | 2100 m | Start 2 | 8638413 |
| | 13:20 | Keld Johnsen | H70 | 2100 m | Start 2 | 8201150 |

Viborg OK

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|--|-------|---------------------|-----|--------|---------|---------|
| | 12:34 | Lene Bejer Damgaard | D55 | 2325 m | Start 2 | 8621035 |
| | 13:53 | Grethe Anæus | D65 | 2025 m | Start 2 | 8000213 |
| | 13:22 | Steen Frandsen | H70 | 2100 m | Start 2 | 344248 |
| | 12:47 | Preben Eriksen | H85 | 1275 m | Start 2 | 8002521 |

Aalborg Orienteringsklub

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|-------|-------|-------------------------|-----|--------|---------|---------|
| | 13:26 | Helle Popp Bobach | D35 | 2575 m | Start 1 | 899015 |
| | 13:43 | Kirsten Bobach | D65 | 2025 m | Start 2 | 8201985 |
| H1002 | 12:56 | Mikkel Popp Bobach | H10 | 2225 m | Start 2 | 9005057 |
| H1206 | 12:11 | Benjamin Birk Nielsen | H12 | 2350 m | Start 2 | 8306609 |
| H1605 | 13:48 | Christoffer Vang Bobach | H16 | 2725 m | Start 1 | 7205423 |
| H2107 | 13:06 | Christian Møller | H21 | 4525 m | Start 1 | 1393996 |
| H2114 | 13:20 | Morten Schou | H21 | 4525 m | Start 1 | 752203 |
| | 13:26 | Andreas Popp | H40 | 3950 m | Start 1 | 351242 |
| | 13:34 | Claus Bobach | H40 | 3950 m | Start 1 | 8201909 |
| | 12:03 | Bo Birk Nielsen | H45 | 3700 m | Start 1 | 9101009 |
| | 13:43 | Jan Møller | H55 | 3325 m | Start 1 | 8161062 |
| | 12:01 | Michael Fischer | H60 | 2600 m | Start 2 | 8657522 |
| | 13:00 | Poul Bobach | H70 | 2100 m | Start 2 | 8201986 |
| | 14:00 | Niels Bobach | H70 | 2100 m | Start 2 | 2089956 |

Aarhus 1900 Orientering

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|-------|-------|----------------|-----|--------|---------|---------|
| | 12:06 | Hanne Gylling | D55 | 2325 m | Start 2 | 1452123 |
| H2144 | 14:20 | Jakob Edsen | H21 | 4525 m | Start 1 | 8033368 |
| | 12:26 | Jan Kølback | H50 | 3550 m | Start 1 | 1410775 |
| | 14:05 | Allan Hougaard | H55 | 3325 m | Start 1 | 1452128 |